



Hotel Lärchenhof
★★★★

Beauty & Wellness



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COSMETIC OVERVIEW

LIGNE ST. BARTH

The skin care products of LIGNE ST BARTH are exclusively manufactured on this island and contain all the active ingredients of the plants, fruits and flowers of the Caribbean from which they are extracted.

Their texture and fluidity have a natural affinity with the epidermis. Every LIGNE ST BARTH'S product complies with the international regulations of the cosmetic industry. They are PABA free, not tested on animals and approved by dermatologists.

SKIN JET

SKIN JET was founded over 10 years ago by one of the few German manufacturers.

The professional and versatile SKIN JET programmes cover all areas of the practice from head to toe, considering body modelling, bodily sufferings and well-being. Skin Jet is the pioneer of many new methods including Micro-dermabrasion and Ultrasound.

MONTEIL PARIS

“For modern and self-conscious women” is the credo of the founder of this cosmetic line: Germaine Monteil. The basic principal of the exclusive product line is the success of modern technology and the energy and virtue of the nature. Monteil's products harmonize the specific requirements of the skin and it's natural functions.

PHYTOMER

As the uncontested expert in marine-based cosmetology, Phytomer shares its passion for beauty, the ocean, and well-being around the world. The protective membranes within seaweed, used in many Phytomer's product, and our skin share similar means of defense, protection, and regeneration. This astonishingly similar composition and behavior has allowed Phytomer laboratories to develop active ingredients and treatment products that are perfectly suited to and tolerated by the skin. The procedures for extraction and conservation are completely natural, therefore the structure and composition of the seaweed, plants, and sea water remain intact.

ST. BARTH

ST. BARTH BASIC

A natural freshness for the skin, that will moisturize and leave the skin soft and tender.

Duration: approximately 55 minutes

€ 69,-

ST BARTH PURENESS

Face and décolleté treatment with hand massage.

Experience an exceptional soft treatment for the face, neck, décolleté and hands. Enjoy the fresh fragrance of natural Elixiere that will remind you of a nice Carribbean Fruit basket. You will obtain a clear, harmonious and fresh skin. A hand massage will be performed at the end of the treatment.

Duration: approximately 80 minutes

€ 83,-

ST BARTH FRESHNESS

Face and Décolleté Treatment with Hand Massage and Fresh Papaya, Pineapple or Cucumber Mousse

An unusual soft treatment for the face, neck, décolleté and hands. The natural vitamins and minerals will provide intensive care to your skin. A hand massage treatment with the gentle smell of Vanilla-Bourbon, fine Lilies or Tiaré Flower...

Duration: approximately 80 minutes

€ 99,-



MONTEIL

MONTEIL DEEP CLEANING TREATMENT

Ideal for blemished and large pore skins. Including cleaning, peeling, exfoliation of the skin, eyebrows depilation, mask for specifically chosen for your skin type, individual day cares.

Duration: approximately 45 minutes

€ 55,-

MONTEIL MOISTURIZING TREATMENT

With cleaning, peeling, exfoliation of the skin, eyebrows depilation, facial, neck and décolleté massage, special moisturizing ampoule, moisturizing mask, individual day cares.

Duration: approximately 55 minutes

€ 65,-

MONTEIL INDULGING TREATMENT

With cleaning, peeling, exfoliation of the skin, eyebrows depilation; special active agent ampoule, facial, neck, décolleté and head massage, facial mask or wrap, eye mask, individual day cares.

Duration: approximately 80 minutes

€ 83,-

MONTEIL LUXURY TREATMENT

Following a small back massage, enjoy a complete facial treatment including cleaning, peeling, exfoliation of the skin, eyebrows depilation, special active agent ampoule, facial, neck, décolleté, head and arm massage, facial mask or wrap, eye and lips mask, hand treatment, individual day cares.

Duration: approximately 110 minutes

€ 116,-



SKIN JET

SKIN JET ANTI AGING

Discover the innovative SKIN JET method! It is now possible to offer new opportunities in the field of wrinkle alleviation treatment and facial contouring without having to resort to needles.

Duration: approximately 80 minutes

€ 105,-

SKIN JET REPAIR TREATMENT

This enzyme treatment regulates the balance of the skin. Large pores will refine and it will leave the skin looking young, smooth and fresh.

Duration: approximately 80 minutes

€ 85,-

SKIN JET TRANSHORMA

This treatment is for all skin types and appropriate for all age category. Ideal for women who are in their menopause, or who simply have no time to take care of themselves.

Duration: approximately 80 minutes

€ 95,-

SKIN JET BACK TREATMENT

Specially for blemished skin of the back. Also, traces of acne will decrease.

Duration: approximately 60 minutes

€ 76,-

ULTRASOUND TREATMENT OR AFTER TREATMENT

Duration: approximately 45 minutes

€ 59,-

MEDICAL SPA



Dr. Med. Martha Stroz, homeopath and specialist in traditional chinese medicine is also specialized in natural anti-age treatments.

COSMETIC MEDECIN 1

BEAUTY “DISPLAY” FROM INSIDE AND OUTSIDE.

This modern treatment method will leave your skin fresh and young looking.

- ☞ Microdermabrasion from face, neck and décolleté
- ☞ Smoothing and filling of wrinkles with a biological Hyaluronic acid injection (surcharge for additional injection)
- ☞ Lift and rejuvenation with specific products
- ☞ Individual consultation

Duration: approximately 3 hours

€ 565,-

COSMETIC MEDECIN 2

RADIANT APPEARANCE AND REJUVENATION FOR THE SKIN.

- ☞ Smoothing and filling of wrinkles with a biological Hyaluronic acid injection (surcharge for additional injection)
- ☞ Ultrasound treatment for lifting, smoothing and appease the skin

Duration: approximately 1 hour

€ 450,-







MEN'S COSMETICS

FACIAL TREATMENT FOR MEN

A facial treatment specially designed for men's skin: cleaning, peeling, exfoliation of the skin, facial, neck and head massage, mask and specific care.

Duration: approximately 55 minutes

€ 69,-

RELAXING BACK TREATMENT FOR HIM

The treatment starts with a warm sea mud treatment on the back that will help you relax and help you loose tension. While the back gets warm, you will receive a relaxing face and neck, and head massage. A relaxing back massage will be performed and as a result, you will be relaxed and tension free.

Duration: approximately 50 minutes

€ 72,-

MEN'S IMAGE TREATMENT

The treatment starts with a peeling body massage. Following the special needs of your skin, a facial treatment will be performed. While the mask is on, you will receive a hand care including a manicure and a hand massage.

Duration: approximately 100 minutes

€ 109,-

SKIN JET FOR HIM

Specially recommended for men's sensitive skin.

Duration: approximately 60 minutes

€ 75,-



COSMETIC OVERVIEW

CARE FOR THE HANDS...

Manicure	€ 25,-
Manicure with lack	€ 30,-
Spa manicure with paraffin and hand massage	€ 40,-
Hand paraffin treatment	€ 20,-
Nail varnish	€ 10,-
French nails	€ 15,-

CARE FOR THE FEET...

Pedicure	€ 30,-
Pedicure with lack	€ 35,-
Spa pedicure with paraffin and feet massage	€ 45,-
Feet paraffin	€ 20,-
Nail varnish	€ 10,-
French nails	€ 10,-

Nail design available on request. For further details, please ask one of our professionals at the Wellness reception.

HAIR REMOVAL WITH WARM WAX

Upper lip	€ 7,-
Face	€ 10,-
Armpit	€ 20,-
Bikini zone	€ 25,-
Half -legs including knee	€ 30,-
Full legs	€ 45,-

MAKE UP

Day make-up	€ 25,-
Evening make-up	€ 30,-
Make-up guidance	€ 40,-
Make-up after treatment	€ 20,-
Eyelashes color	€ 12,-
Eyebrows color	€ 8,-
Eyebrows pluck	€ 5,-
Eye zone treatment	€ 20,-
Face massage	€ 29,-



BATHS

ROMANTIC BATH

Enjoy a romantic bath for 2 by the fire place with candle lights and a glass of Prosecco. At the conclusion of the bath, let yourself relax in our warm water bed.

Our tip:
complete this experience with a relaxing massage!

Bath for 2 persons

Duration: approximately 50 minutes € 45,-

Bath with relaxing massage

(price for 2 persons)

Per person: 25 minute massage € 105,-

ST. BARTH DREAM

Enjoy the smell and the freshness of the Caribbean with a skin care performed with minerals and vitamins.

Duration for 1 person:
approximately 20 minutes € 26,-

Duration for 2 persons:
approximately 50 minutes € 45,-

TYROLEAN STONE OIL BATH

This bath is a real wonder for the joints and muscles

Duration: approximately 20 minutes € 26,-

THALASSO SLIMNESS – POWDER BATH

Stimulates the lipid metabolism and the elimination of toxins. Includes body crème lotion and recovery.

Duration: approximately 50 minutes € 45,-

CLEOPATRE BATH

Experience the bath of the Queen. Your skin will be soft and moisturized.

Duration: approximately 20 minutes € 26,-

BATH FOR COLD

Ideal for people with cold, or simply as a preventive measure.

Duration: approximately 20 minutes € 26,-

APRES SPORT BATH

Enjoy a relaxing bath or a hay flower bath after a long day of sport.

Duration for 1 person:
approximately 20 minutes € 26,-

Duration for 2 persons:
approximately 50 minutes € 45,-

CREAM BATH “CIOCCOLATO ARANCIA”

Creamy bath. Full cream milk, wheat proteins and green tea extract. Seductive fragrance of dark chocolate.

Duration: approximately 25 minutes € 26,-



PEELINGS

ST BARTH SOFTNESS

A relaxing peeling massage for a soft and tender skin.

The fresh fruit enzymes of the paffpaya, natural yoghurt and a special mineralised sea & sand complex will eliminate the dead skin cells. The pure coconut oil will nourish the skin and will leave your skin radiant!

Duration: approximately 25 minutes

€ 39,-

SMOOTH SEA SALT BODY PEELING

Experience this luxurious body peeling with natural salt crystals and valuable oils. Your skin will be soft and tender.

Dauer: ca. 25 Minuten

€ 42,-

PACKAGES

ST BARTH ELASTICITY

Body wrap with clay and pineapple – or with cucumber mousse.

Intensive treatment care to improve the skin complexion through minerals and vitamins as natural ingredients: clay and fresh pineapple- or cucumber mousse. Ivy, mint and camphor activate and purify the tissues. Cold pressed avocado oil provides important nutriments to the skin.

Duration: approximately 40 minutes

€ 45,-

SCHLANKHEITS-ALGENPACKUNG

Full body algae wrap, adipolytic active ingredients from the sea to help your body purify, tighten and eliminate excess water. A modeling massage with marine micro-elements and countour crème that will help you have a slimmer silhouette. You will feel light and stress free.

Duration: approximately 50 minutes

€ 56,-



BODY TREATMENTS

ST BARTH SLIMNESS

Pleasant leg massage

For a fast relief and tension release of heavy legs, for example after long hours sitting, standing, or simply after a long flight.

Duration: approximately 25 minutes

€ 29,-

ST BARTH SENSATION

Body wrap and pleasant relaxing massage

This sensational body wrap and relaxing massage will moisturize your skin and will be a treat for your senses!

Duration: approximately 60 minutes

€ 79,-

ST BARTH HARMONY

Indulging full body massage

Enjoy a relaxing body massage with special intensive care products for your skin. You will be asked to choose from one of your favourite body lotions: cold pressed avocado oil and the gentle perfume of bourbon-vanilla, Caribbean Tiaré flower or fine lilies.

Duration: approximately 50 minutes

€ 65,-

TRESOR DES MERS

Mineralizing relaxing treatment. Your dream vacation by the sea – Trésor des Mers, a pure relaxation treatment including a full body massage. Experience Elexire with mineral salts, oligo element, proteins and vitamins that will revitalize the organism and lymph flow.

Duration: approximately 50 minutes

€ 62,-



EFFECT TREATMENTS

LIFT TREATMENT

This body treatment has a lifting effect for the connective tissues.

Duration: approximately 50 minutes

€ 72,-

CELLULITE EFFECT TREATMENT

This therapy is considered as the best cellulite killer and act as a rejuvenating cure for the skin.

Duration: approximately 70 minutes

€ 79,-

BREAST LIFT

Lifting breast treatment with warm sea mud.

Single treatment: duration approximately 25 minutes

€ 30,-

During another treatment

€ 25,-



MASSAGE

CLASSIC MASSAGE

25 minutes	€ 32,-
50 minutes	€ 56,-
80 minutes	€ 80,-

MANUAL LYMPH DRAINAGE

25 minutes	€ 34,-
50 minutes	€ 58,-

AROMA OIL MASSAGE

25 minutes	€ 38,-
50 minutes	€ 65,-

RELAXING MASSAGE

25 minutes	€ 34,-
50 minutes	€ 55,-

FOOT REFLEXOLOGY MASSAGE

25 minutes	€ 34,-
50 minutes	€ 58,-



SPEZIALMASSAGEN

LA STONE

The “La Stone” massage treatment is a fascinating relation between massage, energy treatment and positive effects of warm stones.

25 minutes € 40,-

50 minutes € 75,-

80 minutes € 90,-

THAI MASSAGE

A special massage technique inspired by the traditional thai method, a new relaxation venue with crystallized sea salt peeling and lavender.

Duration: approximately 50 minutes € 80,-

REIKI

In English, the meaning of Reiki is often given as “universal life energy”.

The healings’ energy flows from the hands of the therapist and will help improve and boost the immune system.

60 minutes € 76,-

CONJUNCTIVE TISSUES MASSAGE

This massage is based on the theory that any disruption or imbalance in any portion of the body affects the entire system, specifically the autonomic, central nervous, and hormonal systems. Any disruption in any of the body systems will affect the entire organism, both physiologically and psychologically. Conjunctive tissues massage is a specific, advanced technique intended to assist in the rehabilitation of pathologic conditions.

25 minutes € 38,-

50 minutes € 58,-



GEM STONE MASSAGE / GEM STONE FACIAL MASSAGE

The gem stone treatment relaxes the energy center of the body, and the application of the stones through a relaxing massage with special oil harmonizes the entire body.

25 minutes

€ 38,-

50 minutes

€ 70,-

MOXA THERAPIE

Moxibustion (The root word, „moxa“ is actually derived from the Japanese word “mogusa”). is a technique used in traditional Chinese medicine in which a stick or cone of burning mugwort , *Artemisia vulgaris*, is placed over an inflamed or affected area on the body. The cone is placed on an acupuncture point and burned. The cones is removed before burning the skin. The purpose is to stimulate and strengthen the blood and the life energy, or Qi, of the body.

25 minutes

€ 38,-

50 minutes

€ 65,-

TIBETAN SINGING BOWL MASSAGE

The sound of the singing bowl brings the soul to vacillate. The ring releases tension and mobilize the self-healing energy.

50 minutes

€ 65,-



SCHNUPPER PACKAGE

- ☞ 1 relaxing facial massage
- ☞ 1 manicure or pedicure
- ☞ 1 body peeling
- ☞ 1 half body massage

1 to 2 days € 141,-

RELAXING DAYS ST BARTH FOR “HER”

- ☞ 1 St Barth facial treatment
- ☞ 1 half body massage
- ☞ 1 peeling with fresh papaya mousse
- ☞ 1 relaxing massage
- ☞ 1 x solarium

2 to 4 days € 185,-

RELAXING DAYS ST BARTH FOR “HIM”

- ☞ 1 facial treatment for “him”
- ☞ 1 “refresh” massage
- ☞ 1 sport massage
- ☞ 1 pedicure
- ☞ 1 x solarium

2 to 4 days € 185,-

WELLNESS WEEK CARIBBEAN FOR “HER”

- ☞ 1 St-Barth facial treatment
- ☞ 1 manicure
- ☞ 1 slimness/ beauty bath
- ☞ 1 papaya-coconut peeling
- ☞ 1 relaxing massage
- ☞ 1 full body massage
- ☞ 2 x solarium

5 to 7 days € 228,-

WELLNESS WEEK CARIBBEAN FOR “HIM”

- ☞ 1 facial treatment “Just for men”
- ☞ 1 full body massage
- ☞ 1 half body massage
- ☞ 1 feet reflexology massage
- ☞ 1 pedicure
- ☞ 2 x solarium

5 to 7 days € 228,-

BODY FORMING PACKAGE

- ☞ 1 thalasso slimness – powder bath
- ☞ 2 cellulose active effect treatments
- ☞ 1 sea tonic lift treatment
- ☞ 1 cellulite treatment
- ☞ Sport program: aqua fit, yoga

5 to 7 days € 327,-

THALASSO PACKAGE

- ☞ 1 thalasso facial and back treatments with back massage
- ☞ 1 feet reflexology massage (30 minutes)
- ☞ 1 lymph drainage
- ☞ 1 full body algae wrap
- ☞ 1 thalasso slimness bath

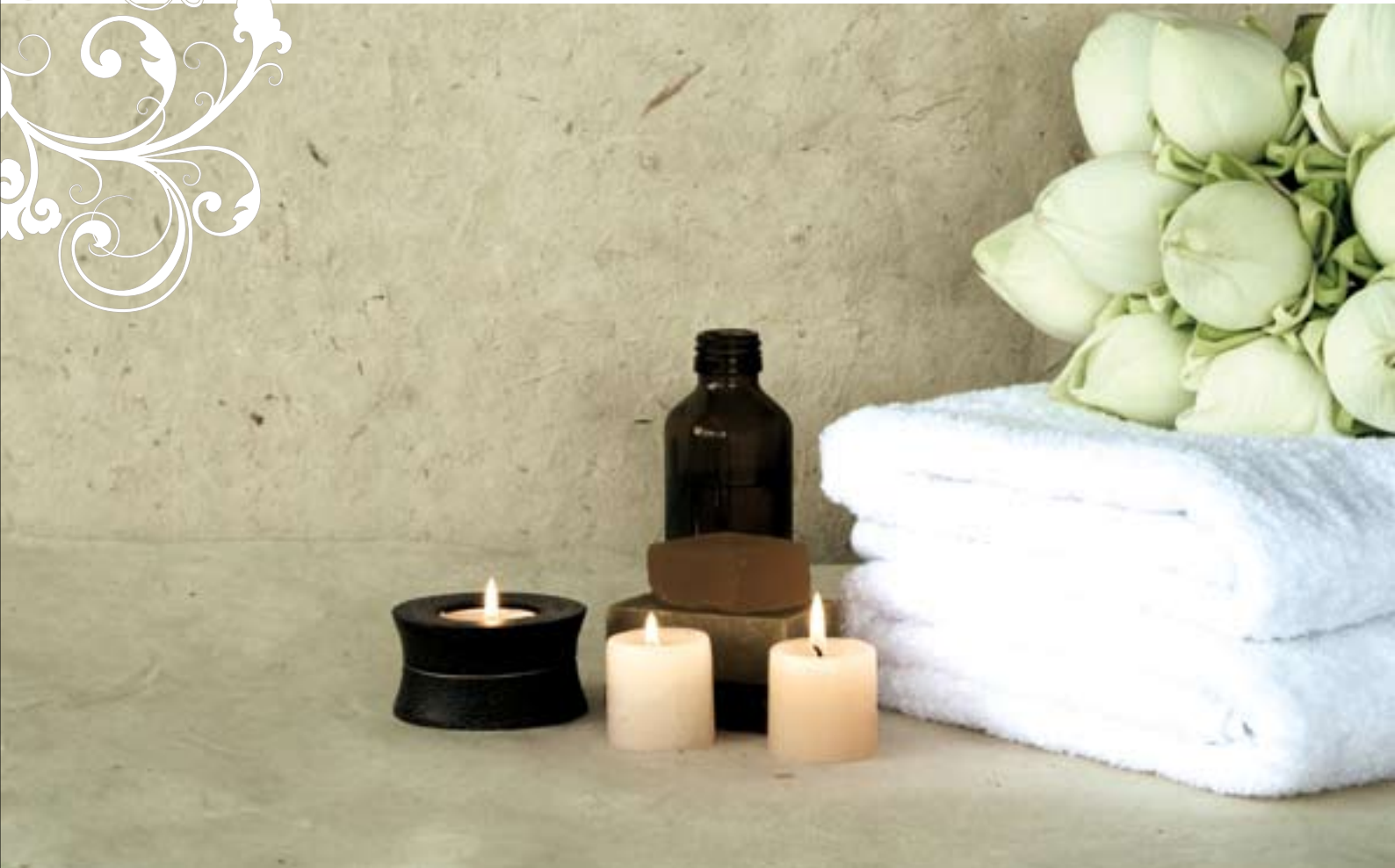
2 to 3 days € 265,-

ONLY FOR ME

- ☞ 1 full body massage
- ☞ 1 Cleopatre bath
- ☞ 1 relaxing massage (25 minutes)
- ☞ 1 facial treatment

3 to 4 days € 185,-





ROMANTIC PACKAGE (FOR 2 PERSONS)

- ☞ 1 romantic bath for 2 persons
- ☞ 1 breakfast with champagne in the room
- ☞ 1 thai massage per person

1 to 2 days

€ 189,-



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